

SUMMARY OF SEMINAR CONTENT

My seminars are designed for groups of reflexologists and other complementary therapists, osteopaths, midwives and interested women. They are a thought-provoking and exciting opportunity to gain a taster of the theory and practice of my methods of working with women's health issues.

You will gain insights for your self and clients and get ideas how to work with your female clients, particularly those with fertility and pregnancy issues, in an enjoyable and informal atmosphere.

I will talk about my unique and successful methods of working with pregnancy and fertility clients. Through a specially designed reflexology technique I call MCA (Mobility and Chakra Assessment), I assess energy imbalances as well as emotional and spiritual blockages and traumas. These insights are used to create reflexology treatments which mobilize rigidity in the feet, pelvis, whole body, mind and spirit. I add visualizations, specially composed and recorded music and simple movements to help clients achieve change.

These seminars are a taster of a the content of my comprehensive course leading to a Certificate of Competence. Please see my course brochure or website for details.

All seminars are designed for the specific needs and interests of the group. Duration can be 2 hours, half day or full day.

Please contact me to discuss details and costs.

Lena Chandler SRN SCM MAR
Aquarian Womens Health
67 Barnfield Road
Harpenden
Herts AL5 5TH
Tel : 01582 620 143
Mob : 07789 087070
e-mail : lena@aquarianwomenshealth.com

www.aquarianwomenshealth.com